



MILLERSBURG
CHRISTIAN CHURCH

ESTABLISHED
1836

MILLERSBURG CHRISTIAN CHURCH (DISCIPLES OF CHRIST)

"In the heart of the community, with the community at heart."

REV. PATRICIA A. FARMER, MINISTER
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OCTOBER 2021



PATRICIA'S PONDERINGS

Catching Our Fears

Do not fear, for I am with you,
do not be afraid, for I am your God;
I will strengthen you, I will help you,
I will uphold you with my victorious right hand.

Isaiah 41:10

In Alan Gordon's new book, *The Way Out: A Revolutionary, Scientifically Proven Approach to Healing Chronic Pain*, he speaks of "catching your fears" as part of his therapy. Gordon demonstrates through neuroscience, experience, and storytelling that fear plays a huge role in most chronic pain. Fear can actually cause pain, not just emotional pain, but physical pain, too. Learning how to be aware of our fears, observing them, catching them before they get too cozy inside us may be the very image many of us need, chronic pain or not.

When we feel safe, our bodies and minds flourish in beautiful and healthy ways. But if our personality is inclined toward perfectionism or people pleasing, or if we have experienced trauma in childhood, or if we simply feel too much stress in daily life, we may live in a constant underlying state of fear, even if we are only dimly aware of it. And sometimes, it hurts!

That image of catching our fears made me think of the old song "Catch a falling star/ put it in your pocket/save it for a rainy day." Catching fears and catching stars go hand in hand. Catching falling stars reminds me that heaven fashions for us fresh possibilities for each moment, so there is always hope in the world. But when fear is an obstacle to those possibilities, we can learn through mindful attention to catch our fears and let them go. So the song still works with a little revision: *Catch a falling fear and put it in your pocket . . . then go to the nearest lake and toss it in!*

Spirituality and medicine are different threads in a larger tapestry of interconnection. We need them both, and in the case of chronic pain, spirituality offers special gifts. The Hebrew Bible and New Testament are saturated with the common theme: "Do not fear." God has shining stars of possibility ready to fall into our moments of pain, and we need to catch them. Being open to these stars of hope fashioned just for us from God's own heart takes courage. But when we also catch our fears let them go, we have both hands ready and waiting to catch a falling star and put it in our pocket--and save it for a rainy day.

Blessings and Happy Fall!

Rev. Patricia

Congratulations to **Thomas Gardner** and **Casey Baumgartner** who recently became engaged. Wedding plans are for September 2022.



Casey and Cody are the children of Mike and Cindy Baumgartner.



Congratulations to **Cody Baumgartner** and **Mahala Smyser-Lewis** on their recent engagement. wedding will take place in the spring of 2023.



Prayers for:

Rose Bethell, who is having back issues

Sharon Plank's sister, Alice, who recently underwent surgery

Tammy Green, who injured her foot

Rita Adams who is recovering from surgery to repair a torn rotator cuff

Prayers of healing for Margaret's sister, **Christina**, who fell and broke her wrist.

Prayers of healing for **Vickie Roberts**, who is suffering with an eye allergy.

Prayers for Kathy Craighead's former co-worker's son, who has been diagnosed with leukemia.

Prayers for **Lance, Miles and Charlotte Bethell**, who have all contracted COVID.

Prayers for **Terry and Vicky Fritz** who have COVID.

Upcoming Dates of Special Worship Events:

Nov. 7 - Veteran's Appreciation Sunday

Nov. 28 – 1st Sunday in Advent, Sunday after Thanksgiving

December 5 – Hanging of the Greens (2nd Sunday in Advent)

December 12 – Christmas Dinner after worship service

December 19 – Lessons & Carols and Christmas Candlelight service at end of worship

Advent Devotional booklets will be available in November on the table in the northex. Please pick one up for your family!

Treasurer's Report

Balances for Millersburg Christian Church (MCC) accounts :

	4/15/21	5/14/21	6/21/21	7/19/21	8/21/21	9/20/21
Checking	14,626	13,789	15,166	13,440	12,253	11,065
Savings	3,511	3,512	201	202	203	204
Special	12,748	14,082	17,289	19,064	13,591	13,941
PayPal	159	209	308	308	356	356
Flex Fund (Disciples Church Extension Fund)					\$5,042.20	



Every member and friend of the Millersburg Christian Church (Disciples of Christ) should now have the 2022 Budget pledge package. Included in it are a copy of the draft 2022 Operating Budget and material helping explain the difference between the church's General and Special funds, plus a letter from Reverend Patricia. The Special fund is not covered by the Operating Budget.

Finances acquired through pledging go to the General fund. This money finances the church's operations including the Pastor's and Bookkeeper's compensation. Ten percent of this fund's income is used for charitable activities. As the draft Operational Budget shows, the rest of the funding received is for continuing church operations. This includes everything from lawn mowing to acquiring office supplies.

This Treasurer's report finds MCC's financial picture stable, with concerns. Restarting Sunday services within the church increased such things as the electric and water bills. Regardless, all bills are presently being paid. However, economists indicate that inflation--the general rise in costs for most things--of around 3% is likely in 2022. MCC's Committees considered this in determining the funding that they believe is necessary for carrying on their work and, also, to continue Sunday morning worship in both our beautiful church and via Zoom. Please keep this in mind as you make your pledge to help MCC continue its important operations in 2022.

Indicating your probable financial support on the enclosed form assists the Board of Directors in planning church activities based on both needs and anticipated offerings. Please be mindful that pledging does not bind you to a specific level of support. While pledges are based on reasonable expectations, it is understood that things can change during the year, necessitating modifications to reflect these changes.

Thank you for your support. It is important for all of us to keep a faithful commitment to MCC in these challenging times. Please return your pledge form to the church by Monday October 4th, either by mail addressed to "Millersburg Christian Church, 4527 State Road J Fulton, MO 65251 Attention Brenda Williamson" or by email at blouwilliamson@yahoo.com.

Now is a good time to determine your contribution to the finances needed to carry out the church's 2022 programs. Remember, if you procrastinate now, you'll have less time for doing so later!

**Included with this newsletter are another set of documents in case you did not receive the original ones.

"Preschool Fundraiser!"

Sherri Griffin, the Millersburg Preschool teacher, shared with us that they are participating in a fall equipment fundraiser that offers high quality toys and games. The preschool receives a percentage dollar to spend with the company for equipment. If you order with the preschool by October 15, you receive free shipping and no tax. The items are always here before Christmas and usually before Thanksgiving. The catalogs and order forms are next to the preschool mailboxes in the entryway to the basement. Thanks!"

The Rising Sun 4-H Club centered in the Central Christian Church Community will celebrate its 70th anniversary this year. An open house will be held on Sunday, October 17 from 2-4 p.m. to honor the members, leaders, and families who have supported the club over the years. The open house will be held at Central Church and the public is invited to attend. The club has a display in the window of the Callaway County Historical Society through the end of the month.

MCC's Outdoor Worship Service on September 12 was well attended. The sunny and breezy day provided good fun, good food and good fellowship.



The members enjoy a relaxing and delicious meal following the outdoor service.





					1 <i>Marsha Loyd</i>	2 Rhad & Leah Baker
3	4	5	6	7	8	9
<i>Lauren Fritz</i> 1st Sunday Social-9:45 am		MPS 8-1 <i>Cody Baumgartner</i>		MPS 8-1 4-7 <i>Jeff Moran Chris Cole</i>		<i>Fred Erickson Kinleigh Rose Mason Rose</i>
10	11	12	13	14	15	16
<i>Kerry Bush Tammy Green</i> <i>Pastor's cabinet Following worship</i>	<i>Rodney Latty</i>	MPS 8-1	Ken & Susan McCarthy	MPS 8-1 4-7		<i>Ella Baker</i>
17	18	19	20	21	22	23
<i>Matt Rose Finn Thomas Hutchison Jeff & Barbara Moran</i>	<i>Art Bedsworth Steve & Meghan Rose Whitworth</i> Newsletter deadline	MPS 8-1 <i>Stan Adams Paige Bedsworth</i>	Newsletter Assembly**	MPS 8-1 4-7 <i>Laden Force</i>		<i>Gage Baker Susan McCarthy</i>
24	25	26	27	28	29	30
<i>Alice Gamet</i> Bob & Tammy Green	<i>Nichole (Adams) Tutt</i> <i>Lola Weiss</i>	MPS 8-1 <i>Grace Loyd</i>		MPS 8-1 4-7	<i>Nolan Bush</i>	<i>Jessica Kukal Roger Harmon</i>
31 Happy Halloween!						

Millersburg Christian Church
4527 State Road J
Fulton, MO 65251

Return Service Requested



THOSE WHO SERVE:

ELDER: Carolyn Anderson

DIACONATE: Patty Eggleston

Larry Strawhorn

SERVE Food Pantry item for the month of
October: Soup & crackers

10:00 a.m. Visiting

10:30 a.m. Worship Begins

Rev. Patricia Farmer, Minister

Brenda Williamson, Administrative Assistant and
Bookkeeper

Church telephone number is 573-642-2939

Church email address is: mcc1836@socket.net

Brenda telephone number: 573-544-3360

Brenda email: blouwilliamson@yahoo.com

Find us on the web at

www.millersburgchristianchurch.org

"Like" us on Facebook!

You can contact her at

pafarmerecuador@gmail.com or by phone/text (505-900-1553).

The best times to reach her are Monday-Thursday during regular business hours. Friday is her day off.

You are welcome to join us in person to worship in the sanctuary at 10:30 am on Sundays. To join our worship service by zoom, send an email to MCC1836@socket.net, and put "Zoom Church" in the Subject line. You will be sent an email the Saturday before the service with a link by which you can connect by Zoom on your laptop, tablet, or smartphone. You can also join to just listen to the service by non-smartphone. Join by 10:20 am. Service starts at 10:30 am. Previous sermons are posted at our website:

www.millersburgchristianchurch.org.